

# Inner East Prevention Partnership

## 2024-2025 Action Plan

Access Health and Community, healthAbility, and Link Health and Community work in partnership to promote connected, active, and inclusive communities across Boroondara, Manningham, Whitehorse and Monash. We do this through collective prevention action that improves the health and wellbeing of our local community. Places where people live, work, learn, connect and play are places to positively influence health and wellbeing. In line with the Victorian Public Health and Wellbeing Plan and the Department of Health Community Health, Health Promotion Guidelines, our health priorities include:



- Increasing healthy eating (food environments)
- Increasing active living
- Reducing harm from tobacco and e-cigarette use
- Preventing all forms of violence (by promoting gender equity)

### We consider

Intersectionality | Size inclusivity | Climate health

	Settings we work with			
Health priorities	Sporting clubs & recreation centres	Early childhood services	Schools	Initiatives we support (but don't lead)
<b>Food</b>	<u>Vic Kids Eat Well</u> <u>Healthy Choices Guidelines</u> Healthy Sports Rewards Food for Thought	<u>Achievement Program</u> <u>Menu Planning Guidelines</u> Early Years Cooks' Network	<u>Vic Kids Eat Well</u>	<u>INFANT Program</u> Internal food policies
<b>Movement</b>	<u>Inclusive Clubs</u> <u>Sunday Sessions</u>	<u>Achievement Program</u>		<u>INFANT Program</u> Spaces and Play Leader Project
<b>Tobacco &amp; vaping</b>		<u>Achievement Program</u>		Vaping - initiatives led by local government
<b>Gender equity</b>		<u>Free to Be Me</u>		

### Contact Us

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