

# blender bike

FOR HEALTHY  
SMOOTHIES  
AND SNACKS

Link Health and Community is now offering a Blender Bike for hire through its Health Promotion Team.

The bike can add some excitement and fun to your next workplace function, healthy living day, or school fundraiser. As you pedal the bike it powers the blender.

The aim of the Blender Bike is to teach people how to make healthy snacks, such as smoothies and dips, while having fun and being active.



## BLEND-IT-LIKE-BECKHAM PACKAGE

(All day)\*

\$275

**This is our basic package and is great for those who want to run their own event.**

The package includes:

- 1 x Blender Bike
- Equipment to assist with your event
- Hire guide
- 100 recipe sheets
- 100 eco-friendly cups (extra can be purchased if required)

Does not include the cost of ingredients.

**Note:** The bike can be transported in a hatchback sedan or delivery can be arranged for an additional fee.

For more information about these packages or how we can tailor a package to suit your needs, call Latrobe Community Health Service on 1800 242 696

\*Terms and conditions apply

 **Link** Health and Community